

Clear Liquid Diet Instructions *Quick Guide*

Yes

- ✓ Water
- ✓ Ice chips
- ✓ Black coffee (no milk or cream)
- ✓ Tea (no milk or cream)
- ✓ Apple juice (no pulp)
- ✓ Lemon or lime juice (no pulp)
- ✓ White grape juice
- ✓ White cranberry juice
- ✓ Sports drinks (no red, purple, or orange)
- ✓ Sprite, 7-Up, ginger ale, club soda
- ✓ Clear broth or bouillon (no solids)
- ✓ Jell-O (no red, purple, or orange)
- ✓ Popsicles (no red, purple, or orange)
- ✓ Clear hard candy
- ✓ Honey
- ✓ Sugar

No

- ✗ Solid foods
- ✗ Nuts, seeds, popcorn
- ✗ Liquids that are red, purple, or orange
- ✗ Thick or cloudy liquids
- ✗ Milk
- ✗ Cream
- ✗ Smoothies or shakes
- ✗ Juice with pulp
- ✗ Orange juice
- ✗ Pineapple juice
- ✗ Grapefruit juice
- ✗ Tomato juice
- ✗ Cream-based soups
- ✗ Alcohol



If you have questions, call us at (555) 555-5555.

Scan for details

