

Colonoscopy Prep Instructions *Quick Guide*

Split-Dose

7 days before



You won't be allowed to drive yourself home. Find someone who will drive you.



Ask your doctor if you need to adjust your diabetes medicine or other prescriptions.



Pick up the bowel prep medicine your doctor recommends.



Follow low-fiber diet instructions from your doctor.



Call us at (555) 555-5555 if you have questions or need to cancel.

1 day before



Do not eat solid food today.



Drink only clear liquids today.

**5:00 pm**

Start taking the first part of your prep medicine.

Day of your colonoscopy



Do not eat solid food today.



Drink only clear liquids today.

**6 hours before**

Start taking the rest of your prep medicine.

**3 hours before**

Stop drinking all liquids.

Scan for details

